

Young Apprentices

A RESOURCE FOR THE RCIA

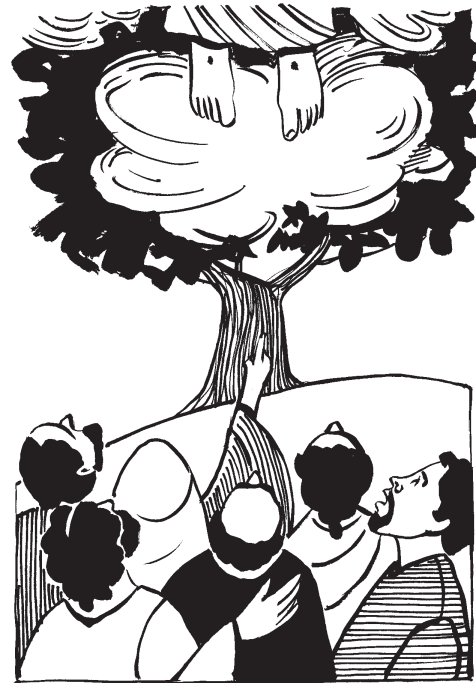
CATECHUMENATE SESSION: THE ASCENSION

The Ascension of the Lord • Year B • May 12, 2024

Lord,
today the Church around the world
celebrates your Ascension into Heaven.

As we work to carry on
your mission on earth,
give us hope that one day we, too,
will live with you there.

Amen.



Sunday Word

Acts 1:1-11

Psalm 47:2-3, 6-7, 8-9

Ephesians 1:17-23

[or Ephesians 4:1-13 or 4:1-7, 11-13]

Mark 16:15-20

The above readings are available at
usccb.org/bible/readings.

To Help You Remember



1. The Acts of the Apostles is addressed to Theophilus. *Theophilus* is a Greek word meaning *Friend of God*.
2. Christ is now seated at the right hand of the Father in the heavens. He is the Head of his Body, the Church.
3. Jesus sends his disciples forth to proclaim the Good News of Salvation to the whole world.

Key Teachings



We Hope to Follow

We are given the gift of hope because of Christ's Ascension. The Ascension of Christ points the way we followers hope to go. Jesus has gone to Heaven before us, and we are called to follow. Only in Christ can we gain entrance to the Father's house in Heaven.

Between Now and Then

In the meantime, as we wait with hope for eternal life in our heavenly home, the Holy Spirit helps us to carry on Christ's mission in the world. We are to tell everyone the Good News that God loves us, and that Christ died to free us from our sins.

Faith Words



Ascension of the Lord

On the Solemnity of the Ascension, the Church celebrates the return of the Risen Christ in glory to his Father in Heaven.

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hope

Hope is a gift from God. The Theological Virtue of hope enables us to trust in God and in his promises. It helps us trust that God is always with us, in good times and in difficult times.

Hope

With My Family



We Listen

Today we hear an amazing story about Jesus being taken up to Heaven. Right before he ascended into Heaven, Jesus told his disciples that they must go forth to spread the Gospel to the whole world. They did exactly that. The Holy Spirit was with them and helped them to do as Jesus commanded.

We Believe

We believe that Jesus' physical body rose to Heaven. This teaching reassures us that Jesus' body did not stay in the grave. As we are united with Christ in Baptism, we hope to rise with him to Heaven.

We Live As Disciples

Jesus promised the disciples that they would receive power when the Holy Spirit came upon them. You receive the power of the Holy Spirit in Baptism and Confirmation. Name one way you will use this power to spread the Good News at home, school, or work this week.

We Pray

Pray the Prayer to the Holy Spirit found on the following page. Pray it each day between now and Pentecost Sunday. Challenge each other to memorize this prayer in the coming week!
Come, Holy Spirit, come!

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Before Jesus was taken up to Heaven, he promised his disciples that they would receive the power of the Holy Spirit (see Acts 1:8). The power of the Holy Spirit made it possible for the disciples to go forth and be witnesses of the love of Jesus Christ.

Pray this prayer to the Holy Spirit. Pray that you will be a witness to the love of Jesus Christ. Don't forget the challenge to memorize this prayer by Pentecost Sunday!

Prayer to the Holy Spirit

**Come, Holy Spirit,
fill the hearts of your faithful.
And kindle in them
the fire of your love.**

**Send forth your Spirit
and they shall be created.
And you will renew
the face of the earth.
Amen.**

