

Young Apprentices

A RESOURCE FOR THE RCIA

CATECHUMENATE SESSION: SACRIFICE AND COVENANT

Second Sunday of Lent • Year B • February 25, 2024

Loving God,
when you asked Abraham
to sacrifice his son,
he was willing to do so
because he loved and trusted you.

In these days of Lent,
give me strong faith like Abraham.

Make me more willing to
sacrifice my time
and all that I have
to show my love for you
and for others.

Amen.



Sunday Word

Genesis 22:1-2, 9a, 10-13, 15-18

Psalms 116:10, 15, 16-17, 18-19

Romans 8:31b-34

Mark 9:2-10

The above readings are available at
usccb.org/bible/readings.

To Help You Remember



1. Because Abraham was willing to do what God asked of him, God promised to bless him abundantly.
2. God handed over his own Son, who died and was raised, and who intercedes for us.
3. Jesus led Peter, James, and John up a high mountain and was transfigured before them.

Key Teachings



Sacrifice and Relationships

Sacrifice is a part of every relationship. We sacrifice to help our parents and siblings. Our parents sacrifice to care for us. Others sacrifice to teach and protect us.

The Sacrifice of Jesus

The self-sacrifice of Jesus on the Cross is the greatest and deepest love of all. It binds us to God.

Sacrifice and Salvation

Followers of Jesus Christ are encouraged to sacrifice time, talent, and treasure in order to spread the Good News of Salvation to others.

Faith Words



the Holy Sacrifice

The Holy Sacrifice is another name for the Eucharist. In the Eucharist, the loving sacrifice of Jesus is made present again.



sacrifice

To sacrifice is to give up something we value for the sake of something more important.

My Sacrifice

With My Family



We Listen

In Old Testament times, sacrifice was a common way for people to show honor to God and to “make up” for their sins. Abraham was willing to sacrifice his son Isaac. Then, in the New Testament readings, we hear how God sacrificed his only “beloved Son” for all of us. What kind of sacrifices are you making this Lenten season?

We Believe

Jesus is the Lamb of God, sacrificed for the sins of all people. When we go to Mass, we give thanks for Jesus’ sacrifice. We participate in this sacrifice by offering our lives too—all that we are and all that we do—to share the love of God with others.

We Live As Disciples

Sacrifice = giving of yourself. You can give of yourself in small ways every day. Name one way in which you will make a sacrifice, or give of yourself, this week. Will it be for a family member, for a friend, for someone at school or at work, or for a stranger?

We Pray


Pray this prayer of thanks for those who sacrifice for you:

Loving God, we thank you for giving us your beloved Son, Jesus. We thank you for those who have sacrificed their lives for our safety: police officers, firefighters, and those in military service. We also thank you for (say the names of family members and friends), who have sacrificed out of their love for us. Amen.



A Sacrifice Acrostic



An acrostic is a type of poem or word play in which the letters form a word or give a message. A well-known acrostic is the ICHTHUS. 

Ichthus is the Greek word for *fish*. The Greek letters correspond to the words **Jesus Christ Son of God Savior**.

The ichthus became a symbol for early Christians. You still see the symbol used today on jewelry, cars, posters, and all kinds of other places.

Make your own Lenten sacrifice acrostic. Use the letters of the word SACRIFICE to describe the sacrifices you can make to be more like Jesus Christ, Son of God, Savior.

S _____

A _____

C _____

R _____ I will READ to my little sister. _____

I _____

F _____

I _____

C _____

E _____