

# Young Apprentices

A RESOURCE FOR THE RCIA

## CATECHUMENATE SESSION: JESUS, THE BEST TEACHER

Fourth Sunday in Ordinary Time • Year B • January 28, 2024

Jesus,  
you are known  
by many names  
and by many titles.

Today we honor you  
as Teacher.

Help our hearts be open  
to the lessons  
you want to teach us  
through your Word,  
and by your life, Death,  
and Resurrection.

Amen.



### Sunday Word

**Deuteronomy 18:15-20**

**Psalms 95:1-2, 6-7, 7-9**

**1 Corinthians 7:32-35**

**Mark 1:21-28**

The above readings are available at  
[usccb.org/bible/readings](http://usccb.org/bible/readings).

### To Help You Remember



1. Jesus taught us by his life, ministry, suffering, Death, Resurrection, and Ascension.
2. In today's Gospel, Jesus does not preach a long sermon in order to teach about the power of God. He teaches about God's power by healing a man with an unclean spirit.
3. The people saw that Jesus taught with authority.

## Key Teachings



### Teaching with Authority

The people of Jesus' time recognized that he taught with authority. Jesus knew what he was talking about, and this got the people's attention.

### Teaching with Effect

Jesus' teaching still has an effect on people. His teaching inspires, encourages, challenges, and points the way to the Kingdom of God.

### Teaching with Results

Jesus' teaching bears results. His teaching leads to healing and fullness of life in the heavenly kingdom.

## Faith Words



This week's Faith Words describe two bodies of knowledge from which the Church draws her teaching.

### Sacred Scripture

Sacred Scripture means "holy writings." Sacred Scripture is the collection of all the writings that God has inspired authors to write in his name.

### Sacred Tradition

The word tradition means "to pass on." Sacred Tradition passes on what God has told us. It is the teaching of the Church that has been passed down to us from Jesus to the Church through the Holy Spirit. The Holy Spirit guides the Church, through the pope and the bishops, to teach us about God.

## With My Family



### We Listen

In Jesus' time, if someone had an "unclean spirit," it meant that an evil force possessed the person. Remember, in those days, people did not understand mental illness and other types of diseases. And maybe the man was truly possessed by an evil force. What the Gospel story tells us is this: Jesus has the power and authority to overcome all evil.

### We Believe

The Church continues Jesus' teaching mission. The Holy Spirit gives the Church the authority to teach in Jesus' name. By proclaiming Sacred Scripture and by passing on Sacred Tradition, the Church helps us to grow in our understanding of God.

### We Live As Disciples

None of us has the authority of Moses or Jesus! But our words and actions can teach others about God's love for us. What can you do for a friend, a classmate, or a complete stranger to teach about God's love?

### We Pray

See the activity page and choose one of the prayers from our Catholic tradition: Pray the prayer you choose together as a family in the coming week.

- **Grace Before Meals**
- **Glory Be (Doxology)**
- **Grace After Meals**
- **The Divine Praises**

# Prayers from Our Catholic Tradition

*In recent sessions, you have learned the Nicene Creed, the Lord's Prayer, the Magnificat, and the Act of Contrition. Here are four more traditional prayers from our Catholic Tradition. Choose one to pray in the week ahead as a family. You may wish to choose others to pray together in the weeks to come.*

## Grace Before Meals

Bless us, O Lord,  
and these thy gifts,  
which we are about to receive  
from thy bounty,  
through Christ our Lord.  
Amen.

## Glory Be (Doxology)

Glory be to the Father  
and to the Son  
and to the Holy Spirit,  
as it was in the beginning  
is now, and ever shall be  
world without end. Amen.

## Grace After Meals

We give thee thanks,  
for all thy benefits,  
almighty God,  
who lives and  
reigns forever.  
Amen.

## The Divine Praises

Blessed be God.  
Blessed be his holy name.  
Blessed be Jesus Christ, true God and true man.  
Blessed be the name of Jesus.  
Blessed be his most Sacred Heart.  
Blessed be his most precious Blood.  
Blessed be Jesus in the most holy Sacrament of the altar.  
Blessed be the Holy Spirit, the Paraclete.  
Blessed be the great Mother of God, Mary most holy.  
Blessed be her holy and Immaculate Conception.  
Blessed be her glorious Assumption.  
Blessed be the name of Mary, Virgin and Mother.  
Blessed be Saint Joseph, her most chaste spouse.  
Blessed be God in his angels and in his Saints.