

Young Apprentices

A RESOURCE FOR THE RCIA

CATECHUMENATE SESSION: THE HOLY SPIRIT

Pentecost Sunday • Year B • May 19, 2024

Prayer to the Holy Spirit

**Come, Holy Spirit,
fill the hearts of your faithful.
And kindle in them
the fire of your love.**

**Send forth your Spirit
and they shall be created.**

**And you will renew
the face of the earth.
Amen.**



Sunday Word

Acts 2:1-11

Psalms 104:1, 24, 29-30, 31, 34

1 Corinthians 12:3b-7, 12-13

John 20:19-23

The above readings are available at
usccb.org/bible/readings.

To Help You Remember



1. The disciples were filled with the Holy Spirit and began to speak in different tongues.
2. There are different kinds of spiritual gifts but the same Spirit. In the one Spirit, we were baptized into one body.
3. Jesus stood in the midst of the disciples and said, "Peace be with you." He sends his disciples to continue the work he began.

Key Teachings



Third Person of the Holy Trinity

The Holy Spirit is the Third Person of the Holy Trinity. In the Scriptures, the Holy Spirit is called *Spirit of God, Breath of God, Paraclete,* and *Advocate*. We know the Holy Spirit as our helper and guide.

The Power of the Spirit

The Holy Spirit is powerful! The Spirit kindles faith in our hearts such that we can profess what we believe and then act upon that belief. The Holy Spirit continues to manifest, or show forth, the presence of Christ in the Church and in the world.

Faith Words



Holy Spirit

The Holy Spirit guides us in understanding the teachings of Jesus. The Holy Spirit helps the leaders of the Church to teach the truths of the faith.



Pentecost

The day of Pentecost, fifty days after Easter (the Resurrection), is when the Holy Spirit came to the disciples as Jesus had promised.

Fruits of the Spirit

Listed in Galatians 5:22-23, they are charity, joy, peace, patience, kindness, generosity, faithfulness, gentleness, and self-control. The Church also names goodness, modesty, and chastity.

With My Family



We Listen

The Holy Spirit appears in all three of the readings. In the First Reading, the “tongues as of fire” are the sign of the Spirit. In the Second Reading, the spiritual gifts of the Spirit are given to each person. In the Gospel, breath is the sign Jesus uses to give the Holy Spirit to the disciples.

We Believe

Pentecost Sunday is one of the most important days of the Church year. On this day, we celebrate that Christ’s passage from death to new life is complete with the full outpouring of the Holy Spirit.

We Live As Disciples

We celebrate the birth of the Church on Pentecost Sunday. The disciples were given the fullness of the Holy Spirit and went out to spread the Good News. Confirmation is the sacrament that gives the baptized the full outpouring of the Holy Spirit. What is the Good News that you will tell others when you are confirmed?

We Pray

Red is the liturgical color for Pentecost Sunday. The color red reminds us of the fire that came to rest on the disciples. Light a candle and together pray this prayer in English and in Latin!

Come, Holy Spirit!

Veni, Sancte Spiritus!

The Gifts of the Holy Spirit

The seven special Gifts of the Holy Spirit help us to live faithfully God's will. The chart below lists the seven Gifts of the Holy Spirit and how they help us. Read the chart to learn more!

Gifts of the Holy Spirit	How the Gifts Help Us
Wisdom	The Holy Spirit helps us to know God's plan for us and how God wants us to live.
Understanding	The Holy Spirit helps us to know better who we are so we can deepen our relationship with God.
Counsel (Right Judgment)	The Holy Spirit helps us to make good decisions.
Fortitude (Courage)	The Holy Spirit helps us to be strong when we are faced with challenges.
Knowledge	The Holy Spirit helps us to reflect on the mystery of God and the mysteries of the Catholic faith.
Piety (Reverence)	The Holy Spirit helps us to show our love for God the Father in worship and prayer.
Fear of the Lord (Wonder and Awe)	The Holy Spirit helps us to be filled with wonder and thanks for all that God has done for us.

FAMILY ACTIVITY

1. Share with your family a time when one of the Gifts of the Holy Spirit helped you. Tell what the Gift of the Holy Spirit was and how it helped.
2. Share with your family the Gift of the Holy Spirit you would like more of in your life and why. When everyone in your family has shared, pray together the Prayer to the Holy Spirit.